

ASSESSMENTS

OCCUPATION-BASED

CANADIAN OCCUPATIONAL PERFORMANCE MEASURE (COPM)

Mary Law, Sue Baptiste, Anne Carswell, Mary Ann McColl, Helene J. Polatajko, Nancy Pollock

- Standardized assessment
- Client-centered outcome measure consisting of a semi-structured interview and client-based rating scale
- All ages
- Assesses occupational performance in leisure, self-care, and productivity

Figure 5

The Goal-Oriented Assessment of Lifeskills (GOAL) Assessment Kit and Materials



Note. From *Goal-Oriented Assessment of Lifeskills*, by L. J. Miller and M. Butler-O’Hara, 2013, Western Psychological Services. Copyright 2013 by Western Psychological Services.

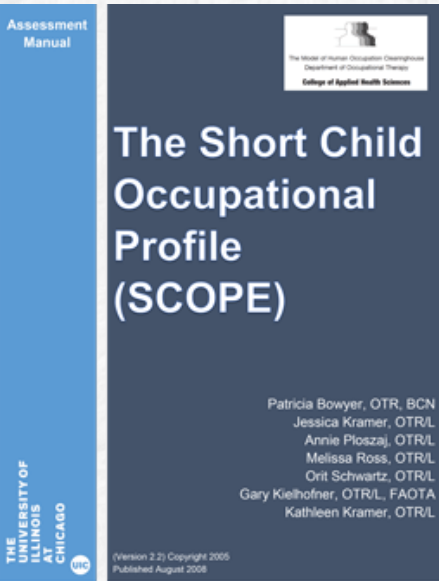
CHILD OCCUPATIONAL SELF ASSESSMENT (COSA)

Jessica Keller, Ana Kafkes, Semonti Basu, Jeanne Federico, Gary Kielhofner

- Non-standardized, client-centered self-report related to 25 items of everyday activities in home, school, and community
- Paper and pencil form with visual cues, card-sort version, and a summary form without visual cues
- 7 years to 17 years old
- Client-directed tool and outcome measure helps identify and address participation in daily occupation and explore goals unique to the child
- Uses Model of Human Occupation to interpret assessment

Figure 7

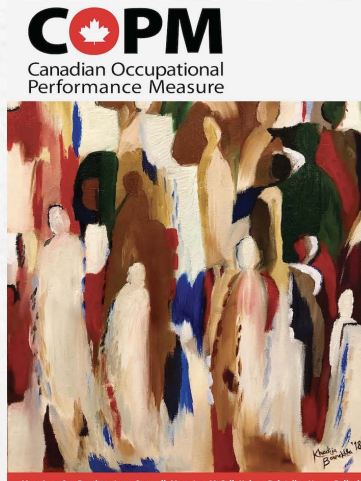
The Short Child Occupational Profile (SCOPE) Assessment Manual Cover



Note. From *The Short Child Occupational Profile (SCOPE) (Version 2.2)*, by P. Bowyer et al., 2008, MOHO Clearinghouse. Copyright 2005 by the MOHO Clearinghouse.

Figure 1

The Canadian Occupational Performance Measure (COPM) 5th Edition Manual Cover



Note. From *Canadian Occupational Performance Measure (5th ed., rev.)*, by M. Law et al., 2019, COPM Inc. Copyright 2019 by COPM Inc.

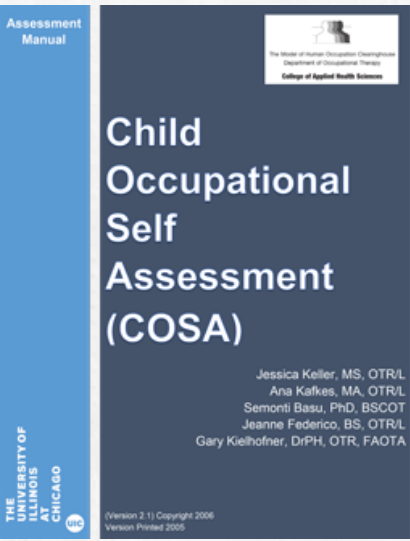
GOAL-ORIENTED ASSESSMENT OF LIFESKILLS (GOAL)

Lucy Jane Miller, Thomas Oakland, David S. Herzberg

- Standardized assessment
- Individually administered and scored by therapist
- 7 years to 17 years old
- Assesses functional motor abilities including fine motor skills (cutting, opening locks, coloring, organizing), and gross motor skills (dressing, kicking a ball, carrying trays)

Figure 6

Child Occupational Self Assessment (COSA) Manual Cover



Note. From *Child Occupational Self Assessment (COSA) (Version 2.1)*, by J. Kramer et al., 2005, MOHO Clearinghouse. Copyright 2005 by the MOHO Clearinghouse.

SHORT CHILD OCCUPATIONAL PROFILE (SCOPE)

Patricia L. Bowyer, Jessica Kramer, Annie Ploszaj, Melissa Ross, Orit Schwartz, Gary Kielhofner, Kathleen Kramer

- Non-standardized, client-centered tool
- Uses a 4 category rating scale: Facilitates, Assists, Inhibits, Restricts.
- Birth to 21 years old
- Determines how a child's volition, habituation, performance capacity, and environment facilitate or restrict participation
- Based on Model of Human Occupation

References

Bowyer, P., Kramer J., Ploszaj, A., Ross, M., Schwartz, O., Gary Kielhofner, & Kramer, K. (2008). *A user’s manual for the Short Child Occupational Profile (SCOPE) (Version 2.2)*. Model of Human Occupation Clearinghouse.

Keller, J., Kafkes, A., Basu S., Federico J., and Kielhorner G. (2014). *Child Occupational Self-Assessment (COSA) Version 2.2*. The Model of Human Occupation Clearinghouse.

Law, M., Baptiste, S., Carswell, A., McColl, M. A., Polatajko, H., & Pollock, N. (2019). *Canadian Occupational Performance Measure (COPM) (5th ed., rev.)*. COPM Inc.

Miller, L. J., Oakland, T., & Herzberg, D. S. (2013). *GOAL: Goal-Oriented Assessment of Lifeskills manual*. Western Psychological Services.

*This resource is for educational purposes only and is not exhaustive. Refer to assessment manuals and supporting literature for appropriate use.